

# terre à terre

THE VEGETARIAN RESTAURANT

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## À LA CARTE

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Please inform us of any **allergies / dietary requirements** before ordering.  
Every effort is made to accommodate guests with food intolerances and allergies.  
With an open kitchen we are unable to guarantee that dishes other than (V/VC)  
will be completely allergen-free. Nut allergy - we require 72 hrs prior notice please.

V = VEGAN | VC = VEGAN CHOICE | NG = NO GLUTEN | NGC = NO GLUTEN CHOICE

# WHILE YOU WAIT, THINK & DRINK

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## Try a glass of our...

### Oxney Estate Sparkling Wine V

Organic Chardonnay, Pinot Noir Meunier. Fresh & approachable style, flavours of red apple, pear and toasted brioche.

### Oxney Estate Sparkling Rose V

Organic Chardonnay, Pinot Noir Meunier. Flavours of wild strawberry, redcurrants, and cherry. With a smooth texture, clean, crisp and citrusy.

125ml glass 12.75 | 175ml glass 15.25 | Bottle 59.95

## Vermouth

Organic Sol Luna Bianco, Italiano, Di Gran Classe.

Ice cold with lemon and cucumber, the perfect refreshing aperitif. 9.25

## Negroni

Organic juniper green gin, mixed with Rossi vermouth, Campari, a dash of bitters, an orange twist and bay. A botanical belter. 12.95

## With a little nibble...

### Wasabi Crusted Cashews V/NG

Roasted cashews rolled in fiery wasabi dust.

### Nocellara Olives V/NG

Fleshy and fabulous.

### Tamari Drenched Seeds V/NG

Slow Roast Pumpkin and Sunflower seeds, drenched in umami rich Tamari

*Dig into all the above for 12.50 or 5.50 individually.*

### Fresh & Fabulous Herb Focaccia V

Our fresh and fabulous herb focaccia lovingly handmade simply served with extra virgin olive oil and aged balsamic vinegar. 7.95

### Aubergine Zhuganoosh with spiced & Fried Lavash Crisp Bread V/NGC

Charred aubergine, tahini, and coriander Zhuganoosh dunk, scattered with pomegranate beads and molasses, Aleppo and Ras El Hanout pepper and Sumac salt served with Lavash spice fried crisp bread. *No-Gluten Choice* - Lavash crackers replaced with scrunchy seaweed rice crackers 8.95

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# TERRE À TAPAS VC/NGC

LET US TAKE YOU ON A JOURNEY AROUND OUR MENU  
WITH OUR HAND PICKED SELECTION OF DISHES

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## Onigiri Oishii Kinoko V/NGC

Onigiri sushi rice with black sesame seed salt on mushroom and fresh ginger, ume plum and tamari hash; topped with pickled ginger, crispy onion and shichimi Togarash crumble and pickled shitake shiso.

## Victoria Dhokla V / NG

Khaman curry leaf mustard steam channa cakes, rolled in chaat spice and filled with sticky aubergine lime pickle and coconut curry leaf chatni, date amchur tamarind sas, finished with curry leaves and chaat spice.

## Better Batter VC/NGC

Soft buttermilk soaked halloumi dipped in chip shop batter, served with vodka spiked preserved plum tomatoes, sea salad tartar and finished with lemony Yemeni relish.

### *Vegan choice replacement for the Better Batter: Cauliflower fritter Za'atar* V/NG

Hot cauliflower florets in a light cider batter, rolled in Za'atar sesame spice salt, served with a roast red capsicum, tamarind, Aleppo pepper and coconut sauce. Finished with a cauliflower lemon puree, citrus dressed fennel, pomegranate, dill and sultana salad.

## Karekatsu Smoked Tofu V/NGC

Deep fried and basted with teriyaki, topped with sweet potato katsu, crispy seaweed, smashed cucumber, crispy onions and rice puffs.

## A Salad Of Sesame Ginger Dressed Carrot & Kholrabi Threads V/NG

Served with a smooth, tangy edamame, wasabi cashew yuzu pesto. Finished with puffed rice wakame cracker shards, dusted with a hibiscus, amchur and nori salt.

## Charred Aubergine Zhuganoush V/NGC

like babaghanoosh only better served with deep fried lavash tanoor bread crisps sprinkled with spice dust.

24.50 Per Person

Only served in multiples of two.

Not suitable for guests with nut allergies.

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# STARTERS & SMALL PLATES

Mouth watering individual starters or buddy them up with each other to make a feast. We suggest that you select three choices per person as the main event or one with some nibbles as a starter. We are always on hand for advice and hope that you enjoy.

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## O-live and Let Live

Lip smacking deep fried olives, coated in crispy Panko crumb and Twineham Grange cheese. Served with a tangy dunk of buttermilk ranch dip, full of mascarpone, red chilli and fresh coriander; finished with lemon juice, chives and chilli flake paprika 10.95

## Karekatsu Smoked Tofu V/NGC

Deep fried and basted with teriyaki, topped with sweet potato katsu, crispy seaweed, pickled cucumber, crispy onions and pangrattato. Served with a sesame ginger dressed salad of carrot and khol rabi, tangy edamame, wasabi cashew yuzu pesto. 11.50

## Sneaky Peeking Steamers VC

Two steamed rice buns stuffed with Szechuan marinated halloumi and ginger bok choy, with kimchi Chinese cabbage, lapsang souchong pickled watermelon, a miso chilli sauce & pickled daikon radish. Vegan choice Halloumi replaced with Szechuan mapo tofu 11.95 *Double up to make a delicious main course* 23.00

## Cauliflower Za'atar V/NG

Hot cauliflower florets in a light cider batter, rolled in Za'atar sesame spice salt, served with a roast red capsicum, tamarind, Aleppo pepper and coconut sauce. Finished with a cauliflower lemon purée, citrus dressed fennel, pomegranate, dill and sultana salad. 11.80

## Victoria Dhokla V/NG

Khaman curry leaf mustard steam channa cakes, rolled in chaat spice and filled with sticky aubergine lime pickle and coconut curry leaf chatni. Served with a hot channa masala, date amchur tamarind sas, finished with curry leaves and chaat spice. 11.95

# SIDES & COMPANION DISHES

## Buttered Asparagus V

Buttered asparagus tips served with chervil and dill tangy labneh, watercress rocket salad leaves and fresh peas; finished with lemon and fennel seed gel, pea tendrils and smoked rocket oil. 7.95

## Rosti & Rocket V/NG

Crispy fried potato, onion and garlic rosti, served with smoked sundried tomatoes, fresh rocket and Slow Roast Pumpkin and Sunflower seeds, drenched in umami rich Tamari and citrus oil. 9.95

## Smoking Cider Celeriac V/NG

Delicious cider agave glazed braised smoked salt baked celeriac, served with Jerusalem artichoke puree, fresh apple, sage oil, and artichoke sage crisps. 7.50

## A Salad of Sesame Ginger Dressed Carrot & Kholrabi Threads V/NG

Served with a smooth, tangy edamame, wasabi cashew yuzu pesto; finished with puffed rice wakame cracker shards, dusted with hibiscus, amchur and nori salt 8.50

# MAINS

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## Rocket Oil & Spring Thyme VC/NG

Crispy fried potato, onion, and garlic rosti, topped with chervil and dill tangy labneh and buttered asparagus tips surrounded by a vermouth velouté sauce, finished with fresh peas, lemon and fennel seed gel finished with pea tendrils and a smoked rocket oil. 22.00

## Give Us A Kirsch

Fondue Souffle So good you bake it twice. Deliciously crammed with Gruyere and Twineham Grange cheese, soaked in gooey kirsch scented fondue sauce, stretchy and scrumptious, served with silver skin onions, pickled wally potatoes and melba caraway croutons and bitter leaves. 22.50

## Sneaky Peeking Steamers VC

Four steamed rice buns stuffed with Szechuan marinated halloumi and ginger bok choy, with kimchi Chinese cabbage, lapsang souchong pickled watermelon, a miso chilli sauce & pickled daikon radish. Vegan choice Halloumi replaced with Szechuan mapo tofu 23.00

## Better Batter

Soft buttermilk soaked halloumi dipped in chip shop batter, served with a vodka spiked preserved plum tomato, bright fresh pea mint hash with pickled quails egg, sea salad tartar and thick chips, with lemony Yemeni relish. 20.95

## Rosti Spinach VC/NG

Crispy fried potato, onion and garlic rosti, topped with sautéed buttered spinach, finished with cream, garlic, parsley and nutmeg, topped with a soft poached egg and toasted mustard rarebit topping. *Vegan choice - Poached egg replaced with hot tamari drenched tofu deep fried and rolled in plummy hoi sin and toasted sesame seeds.* 20.50

## More Sides and Companion Dishes

### Chips V/NGC

Sizzly salty chips served with either a vegan aioli or organic ketchup. 6.95

*\*We have mayo and ketchup too... If you fancy, do just ask.*

### Pea & Mint Hash VC/NG

Pea & mint hash with creamed pea purée, lemon, parsley and peppered pea tendrils. 5.95

### Sautéed Cream of Spinach VC/NG

Buttered sautéed spinach with cream, garlic, nutmeg and a parsley sauce. 6.95

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# PUDDINGS

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## A Beautiful Pear V

A conference pear and frangipane tartlet on a layer of toasted flaked almonds; served with a white chocolate and amaretto ice cream, salted miso caramel and a drizzle of white chocolate, vanilla ganache and lemon balm 10.95

*Perfect with a glass of rich dark, sweet Pedro Ximenez (V) 7.95 (75ml)*

## Snap, Crackle & Choc V/NGC

50% cacao mousse on a chocolate shortbread with a toasty hazelnut praline, served with blood orange sorbet. Finished with tiny pink pepper berry aqua faba meringues, chocolate crack shards and dusty Satongo twigs. 10.75

*Perfectly paired with a glass of opulent, honey sweet Sauternes 8.50 (V) (75ml)*

## Frangipane Sizzle Dates V/NGC

Medjool dates crammed with almond marzipan and sizzled. Served with a cinnamon citrus zest, fennel seed syrup and a pomegranate bead, orange and grapefruit fillet salad and a mint tisane granita 9.95

## Churros VC

Cinnamon sugar spice dusted doughnut straws served with star anise cherry dunk, salt caramel sticky dipper and warm dark chocolate dunker. Finished with extra brute cocoa powder. 10.70

## House Ice Creams & Sorbets VC/NGC

Our house-made ice creams and sorbets garnished with a matching sweet something. Please do ask what we are showcasing today. 9.95

## Frisky Fives "Better Than Petit Fours"

A sweet plate of our seasonal handmade sweet treats and little biccies.

Ask your server for today's selection. Try with a shot and a short. 9.95

## Alco - Affogato

Vanilla ice cream simply served with a single shot of espresso and a single shot of booze. 10.95 plus shot | 8.95 without a shot.

## Sweet Sharing Plate VC/NGC

Snap, Crackle & Choc, deep rich 70% cacao mousse on a toasty hazelnut praline and chocolate shortbread. Plump Polenta Orange Olive Oil Cakes with moreish mouthfuls of juniper damson and vanilla Chantilly. Mini cinnamon sugar coated Churros with a chocolate salt caramel dipping pot and vodka cherries. Crème de Cacao Brandy Alexander milkshakes, blood orange sorbet and raspberry truffles. Finished with raspberry sugar dust, baby sorrel and minty shiso shoots. 17.00 Per Person (Only served in multiples of 2)

*\*Apologies but this dish is not suitable for guests with nut allergies.*

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# LIQUID PUDDINGS

That Pack a Punch! 12.75

## Espresso Martini V/NG

Espresso shot shaken with coffee liqueur, vodka and a dash of sugar. Perfect!

## Lemon Meringue Pie VC/NG

Walcher organic Limoncello shaken hard with organic Vodka, fresh lemon juice and double cream.

## Chocolate Orange Martini V/NG

Organic Vodka shaken with Creme de Cacao, Cointreau and dark chocolate.

# THE CHEESE BOARD

The Best of British Farmhouse Cheeses 16.00

Three outstanding cheeses served with our black onion seed crackers, pinhead oatmeal biccies, slow sun-dried figs wrapped in chestnut leaves, Terre à Terre fruit membrillo and chutneys. Try with our Finest Reserve Port - Casal dos Jordoos v 100ml 8.90

### **Organic Godminster**, Somerset Cow's milk - Pasteurized.

Vintage Cheddar. Firm pressed with a smooth texture. Rich, mellow and extremely creamy in flavour.

### **Organic Brighton Blue**, Cow's milk - Pasteurized.

Slightly open semi-soft texture, mellow blue flavour, and slightly salty finish

### **Flower Marie**, Sussex Sheep's Cheese - Un-Pasteurized

A delicate little artisanal cheese where the milk is sourced from a herd of Friesland-Dorset sheep. This aromatic cheese is mushroomy, sweet and slightly citrusy in flavour with a soft texture and a bloomy, pinkish rind.

# CHOCOLATE TRUFFLES

- Salt Caramel NG
- Raspberry Tang Soft Centre NG
- Boozy Rum V/NG

\* Have a glance at our shelves on your way out, we have all sorts of goodies for take away or delivery.

A Single Truffle - 2.00 each

Truffle Shuffle Roulette (Three Truffles) - 5.00

Boxes of Hand Made Chocolate Truffles - 12.00 per box

Twelve delicious truffles in each box. Boxed and ready for you to take home or give as a gift.